

2019

MAY

SUN	MON	TUE	WED	THU	FRI	SAT	
28	29 	30 May is Skin Cancer Awareness Month	1  Human Trafficking @12:15 w/Christina Deakin Blood Pressures today @ 11:30	2 chair exercises @ 1:00 	3 Lily- flower of the month 	4	
5	6 bingo @ 1:00 	7 chair exercises 9:00  catch phrase 1:00	8 Fruit of the Month is Strawberries- Enjoy the wonderful taste @ 12:15 	9 chair exercises 1:00 	10 Happy Mother's Day Treat -join me @ 1:00 	11	
12 	13 bingo @ 1:00 	14 chair exercises 9:00  catch phrase 1:00	15 Mental Health Awareness Month @ 12:15 	16 chair exercises 9:00	17 card game Hand& Foot @ 1:00	18	
19	20 bingo @ 1:00 	21 chair exercises 9:00  catch phrase @ 1:00	22 	23 chair exercises 9:00	24 Come join the fun!!!! Master Gardener- Painting Lovely Rocks @ for Outside @ 12:30 	25	
26	27 Center Closed Memorial Day 	28 chair exercises 9:00  catch phrase 1:00	29 National Senior Health and Fitness Day- Take A Walk w/ your Seniors @ 1:00	30 chair exercises @ 1:00			
2	3 		LANESBORO ACTIVE LIVING CTR-MARY BIELOSKI/MANAGER 3006 TURNPIKE STREET SUSQUEHANNA, PA. 18847 OPEN MON-FRI / 9AM-2PM				