















March 2020

B/S/S/T Area Agency on Aging, Inc.
 Westfield Community Center
 250 Race St.
 814 367 5695



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1  DON'T WORRY. DO YOGA	2 Chair Yoga 10am Social Time 11am	3 Scanenger Hunt	4  BINGO 10AM	5 Opiates Awareness Presentation 9am	6 I Remember Bingo 10am	7
8 	9 Chair Yoga 10am Social Time 11am	10  Music /Pool / Cards	11  BINGO 10AM	12 Painting class 10am 	13 Penny Pitch Toss	14
15  DON'T WORRY. DO YOGA	16 Chair Yoga 10am Social Time 11am	17  Closed	18  BINGO 10AM	19 Site Council 10pm	20 Music /Pool / Cards 	21
22 	23 Chair Yoga 10am Social Time 11am	24 Nutrition Handout 10am/ Pot Luck Lunch	25  BINGO 10AM	26 Rock Painting	27 Water Intake Importance 10am	28
29  DON'T WORRY. DO YOGA	30 Chair Yoga 10am Social Time 11am	31 Food Bank	1 	2	3	4
5	6	NOTES				