

2020

MARCH

SUN	MON	TUE	WED	THU	FRI	SAT
1 	2 <b>bingo @1:00</b> 	3	4 	5 	6 <b>flower of the Month Daffodil</b> 	7
8	9 <b>bingo @1:00</b> 	10 chair exercises @ 9:00  catch phrase @ 1:00	11 <b>Christina Deakin- Pneumonia</b> What are the symptoms? 12:20	12 chair exercises @ 9:00  blood pressures @ 11:30  council meeting@ 1:00	13  <b>SPRING FORWARD THIS SUNDAY</b>	14
15	16 <b>bingo @ 1:00</b> 	17 	18	19 <b>Marlea Hoyt from AAA-speaking about April 2020 Census @ 12:20</b>	20 <b>spring craft @ 1:00</b> <b>help feed the birds</b>	21
22	23 <b>bingo @ 1:00</b> 	24 chair exercises @ 9:00  catch phrase @ 1:00	25 <b>Reduce, Reuse, Recycle</b> Help reduce the amount OF garbage <b>RECYCLE!!!!!!</b> @ 12:20	26 chair exercises @ 9:00  <u>Michelle Nutter from Attorney General Office</u> talking Scams @ 12:20	27 <b>Cold Food Storage Chart/ Safe Minimum Cooking Temp Charts @ 11:50</b>	28
29	30 <b>bingo @ 1:00</b> 	31 chair exercises @ 9:00  catch phrase @ 1:00	1	2 	3	4
5	6	 <p><b>Lanesboro Active Living Center/ Mary Bieloski-Manager</b> 3006 Turnpike Street Susquehanana, Pa. 18847 open mon-fri/9am-2pm/570-853-3967</p>				