

FREE WEBINAR!

Coping with Change & Loss: Impacts of COVID-19



As aging seniors go through landmark ages 60, 70, 80, change and loss is inevitable. Those experiences can bring about feelings of fear, anxiety, and anger. It is imperative that support staff are able to help bring balance between the losses and joy. This training will provide individuals with strategies to help aging adults cope with change and loss during the COVID-19 pandemic.

Thursday, March 18

6:00 P.M. - 8:00 P.M.

Webinar via ZOOM or Telephone

To register, please email Brittany Gilfillan, PA Link Coordinator

Email: Bbuzzell@co.butler.pa.us

Subject: Change & Loss Webinar

Objectives:

- Understanding dementia and Alzheimer's
- Defining communication
- Exploring changes and loss in aging patients
- Grieving loss
- The 5 stages of grief
- Impact of COVID pandemic
- Coping strategies for change during COVID



Training sponsored by PA Link



Training presented by Penn Cares

Target Audience: CNA's, PT/OT/SLT's, LPC's, Social Workers, Activity Directors, Recreational Therapists, Fitness Professionals, Administrators, Case Managers, Housing Service Coordinators, caregivers and family members who work with seniors.

FREE CEUS PROVIDED:

Social Workers, LPC, Marriage and Family Therapists