





2020

FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAT
26	27	28	29	30	31	1
		MONTROSE ALC 278-4370 8:30AM TO 1:30PM	570- HOURS	TO MAKE A RESERVATION OR TO CANCEL A MEAL CALL THE DAY BEFORE BY 10:00AM	WE HOPE TO SEE NEW FACES JOIN US FOR GOOD FOOD ,AND CONVERSATION	
2	3	4	5	6	7	8
	Word Search 11:30 am		Adult Art 10:00-11:00 am	Cards 12:30 pm	Current Events Local and World 11:30 am	
9	10	11	12	13	14	15
	Nutrition Food Temp. Charts 11:45 am	10 Funniest Quotes 11:45 am	Adult Art 10-11AM Drawing, Coloring, or Painting	Cards 12:30 pm	Humor 11:40 am 	
16	17	18	19	20	21	22
	Council Meeting Donations/Reservations 11:30 am	Word Search 11:30 am	Adult Art 10:00-11:00 am Drawing, Coloring, or Painting	Cards 12:30 pm	Nutrition Vary your protein routine 11:45 am	
23	24	25	26	27	28	29
	Crossword Puzzle 11:40 am	Coping with Cancer 11:15 am Stephanie Earl	Adult Art 10:00-11:00 am Drawing, Coloring, or Painting	Cards 12:30 pm		
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