

2019

MAY

SUN	MON	TUE	WED	THU	FRI	SAT
28	29 	30 	1 Join us for Cards & Games, Every Monday and Friday	2 	3 Chair Yoga With Charm 10:15 	4
5	6 Blood Pressure Check 10-12 	7	8	9	10 Do a Fresh Bouquet, save it for Mother's Day! with Pat Lyman \$5/person	11
12 	13  Come chat over a cup of coffee	14	15	16 Wainbara Mobile Food Pantry 1:00-4:00 	17 Chair Yoga With Charm 10:15 	18
19	20 Menu review Donation review Council Meeting 11:00	21	22	23	24 Test your Memorial Day Knowledge! 10:30 Try a Summer Salad - Spinach & Strawberry, Demo and Sampling 11:30	25
26	27  Centers Closed	28	29	30	31 Get Your Zentangle on! Class 2, with Tracey Marconi 10:30 	1
2	3	LAWTON Active Living Center 54 STATE ROUTE 3037 LAWTON, PA 18828 lawtonsc@bsstaaa.org		MONDAYS AND FRIDAYS 9AM-2PM 570-934-2575		