

# May 2022

*Valley Active Living Center*  
 118 S. MAIN ST.  
 ATHENS  
 570-888-2387

OPEN  
 MONDAYS & FRIDAYS  
 9-2

| SUNDAY | MONDAY  | TUESDAY  | WEDNESDAY | THURSDAY                           | FRIDAY                | SATURDAY |
|--------|---|--|-----------|------------------------------------|-----------------------|----------|
| 1      | 2<br>CENTER CLOSED<br>MEET ON<br>TUESDAY ->           | 3<br>Nature Walk @<br>Riverfront Park<br>w/ Pastor Rich 10-<br>11:30 | 4         | 5                                  | 6<br>Meals on Wheels  | 7        |
| 8      | 9<br>Bingo 10:30                                      | 10   | 11        | 12                                 | 13<br>Meals on Wheels | 14       |
| 15     | 16<br>Bird pics with<br>Amanda 10:30                  | 17   | 18        | 19<br>Pancake Breakfast<br>9:30-11 | 20<br>Meals on Wheels | 21       |
| 22     | 23<br>Game: What's in<br>the Bag? 10:30<br>Fire Drill | 24   | 25        | 26                                 | 27<br>Meals on Wheels | 28       |
| 29     | 30<br>CENTER CLOSED<br>MEMORIAL DAY                   | 31   | 1         | 2                                  | 3                     | 4        |
| 5      | 6   | Notes  |           |                                    |                       |          |